# A BRIDGE & BEYOND

**JUNE 2021** 

#### **PRIDE MONTH**



### WHEN IS PRIDE DAY 2021?

As a sub-holiday during Pride Month, Pride Day is celebrated on June 28. The day marks the date in history when the first Pride march was held in New York City in 1970. However, different communities celebrate Pride Day on different days throughout June.

The sun isn't the only thing that comes out in June. Rainbow flags also start appearing in corporate office windows, coffee shops, and your neighbor's front yard. June has been an unofficial month of celebratory queerness for decades. Though the origins of Pride Month span back to the '50s, President Bill Clinton officially made it "Gay and Lesbian Pride Month" in 2000. President Barack Obama made it more inclusive in 2011, calling it Lesbian, Gay, Bisexual, and Transgender Pride Month. No matter what you call it, Pride Month has a rich history that informs how it's observed today.

Click link below to learn more.

#### **JUNETEENTH**



#### WHAT IS JUNETEENTH?

Juneteenth, also called Emancipation Day, or Juneteenth Independence Day, holiday commemorating the end of slavery in the United States, observed annually on June 19.

### HISTORY BEHIND JUNETEENTH

In 1863, during the American Civil War, President Abraham Lincoln issued the Emancipation Proclamation, which declared more than three million slaves living in the Confederate states to be free. More than two years would pass, however, before the news reached African Americans living in Texas. It was not until Union soldiers arrived in Galveston, Texas, on June 19, 1865, that the state's residents finally learned that slavery had been abolished. The former slaves immediately began to celebrate with prayer, feasting, song, and dance.

The following year, on June 19, the first official Juneteenth celebrations took place in Texas. The original observances included prayer meetings and the singing of spirituals, and celebrants wore new clothes as a way of representing their newfound freedom. Within a few years, African Americans in other states were celebrating the day as well, making it an annual tradition. Celebrations have continued across the United States into the 21st century and typically include prayer and religious services, speeches, educational events, family gatherings and picnics, and festivals.

Juneteenth became a state holiday in Texas in 1980, and a number of other states subsequently followed suit. The day is also celebrated outside the United States, with organizations in a number of countries using the day to recognize the end of slavery and to celebrate the culture and achievements of African Americans.



Juneteenth | History, Meanin...

www.britannica.com

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### **AWARENESS DAYS & FUN FACTS**



### NATIONAL DRIVE-IN MOVIE DAY

National Drive-In Movie Day on June 6th each year commemorates the day the first drive-in theater opened. Richard M. Hollingshead Jr. of Camden, New Jersey created the drive-in theater and he opened the first one on June 6, 1933.

At this first drive-in theater, the screen was 40 feet by 50 feet and there were 400 car slots. The advertising slogan used was, "The whole family is welcome, regardless of how noisy the children are." An Adolphe Meniou film, *Wife Beware*, was the first film shown. The idea caught on quickly and drive-ins began to pop up in other areas, too. By the late 1950s, approximately 4,000 drive-ins dotted the United States.

According to thenewswheel.com, New York, Pennsylvania, and Ohio have the best opportunity for movie viewing under the stars. Copiague, Long Island, New York once was home to one of the largest drive-in theaters. The drive-in covered over 29 acres and could park 2,500 vehicles. It also hosted a full-service restaurant with rooftop seating, a trolley system to take children and adults to the playground, and a large indoor theater in case of bad weather.



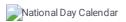
## NATIONAL CAMERA DAY

The day commemorates photographs, the camera, and their invention. A camera is an irreplaceable tool used to record and replicate memories, events, and people/places. Before the invention of the camera, the only resource to document a vision was a painting. Capturing an image of a person or place in a drawing took time and skill. Very few people can perfectly draw the likeness of someone, let alone capture the essence of an event.

The power of a camera provided many with a simple, inexpensive, and fast solution. George Eastman, also known as "The Father of Photography," brought the camera to the masses. While he did not invent the camera, he did develop many additions improving the use, ease, and production of the camera. His developments made the camera widely available to homes

around the world

While the first cameras were large and bulky, each later design evolved until some cameras were as small as a pen. Today's digital cameras have many features and variations, making them appealing to people of all ages for personal and professional use. The portable and easy to use features not only allow us to take photos quickly, but we can also edit them on the fly. Smartphones with built-in cameras include features that allow us to share photos instantly, too.





nationaldaycalendar.com

The original and authoritative National Day Calendar. Use our online calendar to plan office gatherings or a reason to celebrate with friends.

## Garden Update Casitas Tranquilas





Casitas Tranquilas garden is thriving! They estimate that most of the garden will be ready by this July. Casitas Tranquilas plans to create side dishes for the clients using vegetables, fruits, herbs and peppers from the garden.

# Happy Anniversary

Jorge Navarro 3 Years







# Happy Birthday



# Ivan Arellano

Breannda Arguijo

Adriana Garcia

# Vivian La Febre

# Susana Masoa

Kaylee Rhodes

Marisela Soto

**SAFETY CORNER** 



## **Choosing Safer Activities**

What You Need to Know

- If you are fully vaccinated, you can resume activities that you did before the pandemic.
- Fully vaccinated people can resume activities without wearing a mask or physically distancing, except where required by federal, state, local, tribal, or territorial laws, rules, and regulations, including local business and workplace guidance.

### What You Should Keep Doing

- You will still need to follow guidance at your workplace and local businesses.
- If you travel, you should still take steps to protect yourself and others. You will still be
  required to wear a mask on planes, buses, trains, and other forms of public transportation
  traveling into, within, or out of the United States, and in U.S. transportation hubs such as
  airports and stations. Fully vaccinated international travelers arriving in the United States
  are still required to get tested 3 days before travel by air into the United States (or show
  documentation of recovery from COVID-19 in the past 3 months) and should still get
  tested 3-5 days after their trip.
- You should still watch out for symptoms of COVID-19, especially if you've been around someone who is sick. If you have symptoms of COVID-19, you should get tested and stay home and away from others.
- People who have a condition or are taking medications that weaken the immune system, should talk to their healthcare provider to discuss their activities. They may need to keep taking all precautions to prevent COVID-19.

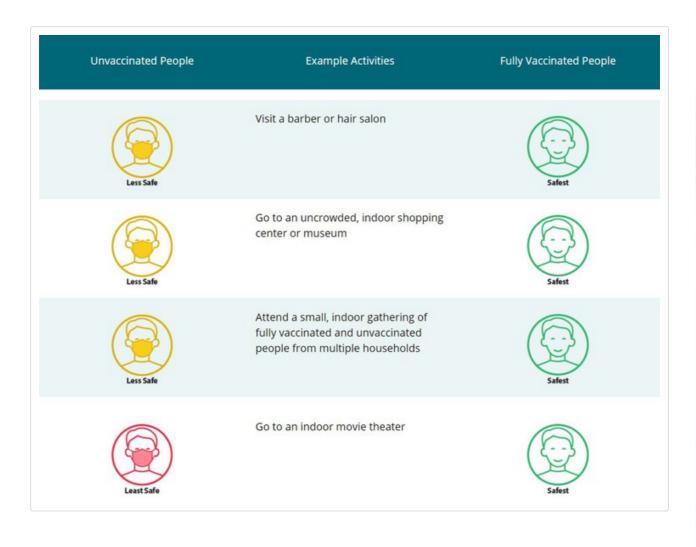
### **Examples of Outdoor Activities**







Unvaccinated People	Example Activities	Fully Vaccinated People
Safest	Walk, run, wheelchair roll, or bike outdoors with members of your household	Safest
Safest	Attend a small, outdoor gathering with fully vaccinated family and friends	Safest
Safest	Attend a small, outdoor gathering with fully vaccinated and unvaccinated people	Safest
Less Safe	Dine at an outdoor restaurant with friends from multiple households	Safest





Recommendations on what activities people can do after they have been fully vaccinated, including how to gather safely with vaccinated and unvaccinated people.

#### **COMMUNITY RESOURCES**



211 LA County offers the LGBTQ+ Communities of Los Angeles County access to all types of free and low-cost health, human, and social services information and referrals that best meet their individual needs.

- Covid tests
- Groceries
- · Rent assistance
- · Health care
- · Report a hate crime
- Support groups
- Legal referrals
- Shelter
- + More

For more information: <a href="https://211la.org/resources/subcategory/lgbtqcatimgA">https://211la.org/resources/subcategory/lgbtqcatimgA</a>



## **Electric Service Payment Assistance**

The program provides utility bill assistance for residential customers of the Gas Company and Southern California Edison through the Gas Assistance Fund (GAF) and Energy Assistance Fund (EAF) programs.

The GAF/EAF programs will pay up to \$100 per household (\$200 for all electric households); assistance is available once every 12 months. Household income earnings cannot exceed the Federal Poverty Guidelines. There are no geographic restrictions.

For more information: <a href="https://www.211la.org/resources/service/electric-service-payment-assistance-9">https://www.211la.org/resources/service/electric-service-payment-assistance-9</a>

**SAVE THE DATE** 



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# PRIDE MONTH: PRONOUNS PANEL EVENT

When

Wednesday, June 16th, 9am

Where

This is an online event.

More information

#### FREE EVENT\*

Play Out Apparel has teamed up with Select Health, Latino Commission on Aids, Oasis Latino L.G.B.T. S Wellness Center, Trans New York, The Gerald J Friedman Transgender Program for Health and Wellness, Northwell Health, Pride For Youth to bring you Panel events all Pride Month-long to discuss issues facing our community, educate, and celebrate who we are!

\*This is a free event. All attendees must RSVP via Eventbrite to receive the zoom invite link.

Fore more information:

https://www.eventbrite.com/e/ncma-tysons-dei-celebrate-pride-month-creating-equity-pronoun-usage-tickets-154866175901?
aff=erelexpmlt

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# Free Kids Online Break Dance Class

When

Thursday, June 10th, 5pm

Where

This is an online event.

More information

FREE KIDS ONLINE TRIAL BREAK DANCE CLASS you can join us from your living room! we will have games and challenges for them. let us help grow your child in

- Discipline
- Focus
- Daily habits
- Confidence

Thursdays at 5:30 p.m. for the zoom intro class For more information:

https://www.eventbrite.com/e/free-kids-online-break-dance-class-tickets-152902175523?aff=ebdssbonlinesearch

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# FREE Cooking Class: Indian Butter Chicken with Coconut Rice

When

Thursday, June 10th, 4pm

Where

This is an online event.

More information

Free Cooking Class ~ Homemade Indian Butter Chicken with Coconut Rice, with our Buddies at Dawn

We're teaming up with our buddies at Dawn, making this classic Indian Dish with Homemade Chef Joel Gamoran!
Things might get a little messy guys, that's why Dawn is invited, they got us covered when it comes to keepin' it clean in our kitchens!

Recipe Packet + Login Details: You will receive your recipe packet + Zoom link in your Eventbrite confirmation email, as well as directly from Homemade a few days before the event. Please make sure that emails coming from <a href="mailto:yourevent@withhomemade.com">yourevent@withhomemade.com</a> are not going to your spam folder!

For more information:

https://www.eventbrite.com/e/free-cooking-class-indian-butter-chicken-with-coconut-rice-tickets-154484783145? aff=ebdssbonlinesearch

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# FREE Health and Happiness Workshop

When

Monday, June 14th, 7pm

Where

This is an online event.

More information

Learn effortless techniques to manage your stress and increase your energy levels

The pandemic environment, personal problems and work pressure take a toll on our body and mind. The Art of Living brings you this free holistic and integrated workshop called the Health and Happiness which provide unique tools and techniques which help combat stress accumulated in our daily, modern life.

Through breathing techniques and meditation taught in this workshop one feels light, energetic and enthusiastic to take on life!

For more information:

https://www.eventbrite.com/e/health-and-happiness-workshop-tickets-115874570961?aff=ebdssbonlinesearch



# **Braswell Rehabilitation Institute For Development of Growth and Educational Services, Inc.**

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